

## MIDDLE SCHOOL ELECTIVES

NAME: \_\_\_\_\_ STEP ADVISOR: \_\_\_\_\_ GRADE: \_\_\_\_\_

CURRENT ELECTIVE: \_\_\_\_\_

1<sup>ST</sup> CHOICE: \_\_\_\_\_

\_\_\_\_ Check here if you have never been in this elective, and this is the *THIRD* time you are requesting it as your first choice.

2<sup>ND</sup> CHOICE: \_\_\_\_\_

3<sup>RD</sup> CHOICE: \_\_\_\_\_

4<sup>TH</sup> CHOICE: \_\_\_\_\_

### **ALL NEW!! Hip Hop Appreciation: Phat Beats and Smooth Rhymes with Jessie**

In this elective we will listen to hip-hop, research its development as an art form and have time to freestyle and write rhymes. Word up!

### **ALL NEW!! Knitting with Rob**

Relax and meditate through the art of knitting. Let your mind go with a ball of yarn and some knitting needles. No experience required, just an open mind and some nimble fingers.

### **That's Debatable- Tournament Style with Chris**

It's back!!!! If you love to argue your point and want to convince others that you are right, then join this mixed advisory. You will debate in a team, tournament style. Points will be tallied from week to week in an ongoing quest to be the debate team champion! Learn the skills and art of debate as you cover controversial topics for heated discussions!

### **Computer Games with Nicole & Sam**

Enjoy a whole period once a week of just playing your favorite games on the computer! It's also good if you need a computer to get started on your work- the choice is yours! Either way, you will have fun in this relaxing and enjoyable elective.

### **Martial Arts with Mr. Wolfe**

This elective is not for the faint of heart or for those who lack discipline. If you're scared of knuckle push-ups, kicks, and punches you should look elsewhere! We will begin by learning basic stances and attacks and then continue on to memorize a choreographed fight sequence known as a "form" in Chinese Kung-Fu. You must be punctual and willing to work hard in this elective. Make sure to wear clothes that allow for a free range of motion. No tight jeans or skirts.

### **Student Council with Mr. Yount**

Future event planners, join this mixed advisory and help boost SOF spirit. You'll plan dances, future spirit weeks, and run fundraisers for charities. Community service credit will be given for participating!

### **Artist's Choice with Ellyn**

Do you crave another art period in your schedule? Here is your chance to draw, sketch, and illustrate using watercolors. Get your creative juices flowing and watch your artistic talent grow with this cycle!

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**Chess Club with Woo Shik**

Think like a King or a Queen! Learn critical thinking and logic skills and improve your grades in math, science, and humanities while playing the "game of kings." In this cycle we will learn the basics of chess - setting up, how to move the pieces, and basic moves. Then, we will compete until we crown the SOF Chess Champion!

**Card Games & Board Games with Ms. Prema AND Srta. Michan**

Get your GAME Face ON! *Now there will be 2 rooms of fun and games!* Come play your favorite card and board games: Texas Hold 'Em, Uno, Chess, Monopoly, Jenga, Taboo, Pictionary, Scrabble, Mankala, and more. You choose! And if you want to learn new card games from around the world, you'll get to do so. Bring your spirit of competition, cooperation, and fun!

**Teen Movie Club with Ms. Levi & Anna**

Do you love movies? Do you love movies that are filled with school dances, championship games, relationship drama, and crazy parents? Then you'll love Teen Movies! Come hang and watch some high school hilarity!

**Vietnam War Movie Club with Cricket & Rick**

In this mixed advisory, we will watch new films not yet seen from the Vietnam War. Come watch these fascinating stories from our history unfold!

**Indoor Sports with Coach James**

Let some of that energy out as we play soccer, basketball, and other indoor sports. Work on your skills and be a strong team player. Beginners and experienced athletes welcome!

**Passport to Manhood & Womanhood (8<sup>th</sup> grade only) with Whitney & Naje**

In this all-boys or all-girls cycle, you will discuss topics such as your changing bodies, dating and relationships, and decisions related to intimacy. All 8<sup>th</sup> graders will take this cycle at some point during the year. (DO NOT LIST THIS AS ONE OF YOUR CHOICES, ALL 8<sup>TH</sup> GRADERS WILL BE ASSIGNED TO IT ONCE OVER THE YEAR)