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Dear SOF Families,

Raising kids has never been easy and raising kids today with the influences of social media makes it all the more complicated. The last few years, we have unfortunately dealt with examples of insensitivity and some poor choices that can largely be attributed to the influences of our social media culture. So, as adults in our kids' lives, we want to explore well-researched advice and support one another as we guide our kids to make responsible and empathetic choices.

Please join us on February 26<sup>th</sup>, 5:30pm at SoF, for our speaker and break out sessions around '**Raising Kids in the Age of Social Media and the Internet**'. We are welcoming clinical psychologist, Mike Fraser who specializes in compulsive internet and video game use. Then, we will break out into 'circles' to discuss the topic. This will allow us to experience restorative circles the way our kids experience them weekly in school.

Here is the agenda for the night:

**5:30pm - Refreshments in lobby of the auditorium**

**6:00pm - 7:00 pm - Mike Fraser speaks**

**7:00pm - 8:00pm - break out into small group talks (circles) with SoF teachers**

**[Please RSVP here](#)**

We need all hands on deck to discuss this very important topic. Please plan to join us!

Sincerely,

Stacy Goldstein and John Fanning